

SHORT AND LONG TERM EFFECTS OF ACID STRESS ON SURVIVAL, BEHAVIOUR, AND SOME CELLULAR BLOOD CONSTITUENTS, IN THE CAT FISH CLARIAS LAZERA.

By

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ABSTRACT

The fresh water fish Clarias lazera was exposed to 10 lethal and sublethal concentrations of acid as H_2SO_4 . The median tolerance limit (TLM) at different exposure periods 24, 48, 72 and 96 hr appears to be as follows 2.88, 2.94, 3.0 and 3.1 pH respectively. From the chronic tests the maximum acceptable toxicant concentration (MATC) for the fish was between pH 5.4 and pH 4.7 for 12 weeks.

Behavioural changes, as well as a significant increases in haematocrit, haemoglobin levels and total serum protein contents during both duration of experiments were observed. Hyperplasia of epithelium of the primary lamellae and a reduction of the surface area of the secondary lamellae were detected in the gills of Clarias lazera from acidified water at pH 5.4 and 4.7.

INTRODUCTION

The problem of acidification of the natural water and its subsequent effects on survival of resident fish population and there extinction have received intensive studies for over a decade. (Wood, 1988 and Wood *et al.*, 1988a).

The knowledge of variability and dynamics of haematological parameters in fishes, depending on their biological processes in different periods of their life cycle as well as on the effects of external factors is a prerequisite of the application of haematology in various fields of ichthyology (Spinska., 1983).

In this study, we have conducted acute (24h) and chronic (12 weeks) tests in the fish Clarias lazera, to determine the effects of the acid stress on survival, Behavioral changes as well as haematocrit value, haemoglobin content and serum protein as indices of fluid volume disturbance. Histological effects on gills were also documented to assess pathological sequels that may occur due to chronic exposure to acid.

MATERIALS AND METHODS

(1) General

The samples of Clarias lazera, Were obtained from lake Maruit, near Alexandria. They ranged from 250 to 300 mm long and from 1500 to 2000gm in weight. They were collected during the summer months June, July and August of the year 1989 and 1990. Fishes were acclimated for at least two weeks under controlled laboratory conditions. They were fed on commercial dry pellets and libitum.

(2) Experimental test solution

The acid used in the present study to reduce pH of the water, was the pure sulphuric acid (H_2SO_4), which is a common acid pollutant in the wild (Beamish and Harvey 1972 and Schofield, 1976). The pH of the water was adjusted using a Titri meter TS₄N (Tacussel electronique pH meter).

(3) Bioassay study:

A- Static acute toxicity tests for TLm's determination:

Groups of 20 active and healthy fish were taken at random and placed in the test as well as in control. Different concentrations were prepared in geometric series using 3.8 - 3.6 - 3.5 - 3.3 - 3.1 - 3.0 - 2.9 - 2.8 - 2.7 and 7.1 (control), the median tolerance limit (TLm) for each time period 24, 48, 72 and 96 hr was estimated according to the method of Sprague (1969).

After 24, 48, 72 and 96 hr of exposure period, survival fish were removed from the containers, samples of blood for haematological study were withdrawn from the caudal peduncle using a heparinized tubes.

B- Chronic toxicity tests:

1-12 weeks experiments were made. Animals were subjected to two different pH, 5.4 and 4.7 and control (7.1). About 120 fishes were used for each concentration. Tests placed in groups of 15 fishes per aquaria. The behavioral changes of the test organisms were recorded in both acute and chronic experiments.

(4) Hematological study, and serum total protein determination

Samples of blood for hematological study were withdrawn from the caudal peduncle using heparinized tubes after 24, 48, 72 and 96 hr during acute exposure, and were collected every week during chronic exposure. Haematocrits were estimated by Wintrobe, 1974 method, while haemoglobin contents by Sahlis' method, for total serum protein determination, blood was allowed to clot and then centrifuged at 8000 for 5 minutes, and serum total protein was estimated by using Rate Biuret Reaction (Kingsley, 1972).

(5) Histopathological preparations.

Control and acid - treated specimens of the two chronic concentrations (pH, 5.4 and 4.7), were dissected alive in fresh water, gills were taken carefully, and fixed with Bouin's fluid. After routine processing, the tissues were embedded in paraffin and sections were cut at 6 μ m and stained with the double stain haematoxylin - eosin.

Students' t - test was the test used for comparing and explaining the observed results according to the normal control values.

RESULTS

Under the experimental conditions, acid produced a variety of recognizable effects which have been divided into:

Survival patterns:

During the acute effect. The TLM's of acid for the exposed fish at different exposure periods (24, 48, 72 and 96 hr) appeared to be as follows (2.88, 2.94, 3.0, and 3.1 pH₃) respectively Fig (1).



Behavioural changes

Certain integumentary responses represent another aspect of acid stress were noticed during acute exposure (pH 3.1, 96 hrs), notably increased mucous secretion and respiratory distress, usually mucous appeared within the first hours of exposure and continued to accumulate over the exposure interval.

Onset of gill mucification appeared to coincide with the time where a thick film covered the entire integument. Thus mucification appeared to be a generalized response involving the entire surface of fish showing maximal behavioural symptoms of respiratory distress.

Pigmentary changes were also evident during the first weeks of chronic acid exposure (pH 5.4 and 4.7). By time fish become very dark almost black in comparison to control fish, which remained pale. This reaction persisted throughout the duration of acid exposure.

Haematocrit value and haemoglobin content:

Clarias lazera exhibited significant increases in haematocrit and haemoglobin levels during both durations.

Acid treatment, at pH 3.1, caused an elevation in haematocrit values from the initial phase of the study. A significant increase from the control level ($46.33 \pm 0.88\%$) to reach $56.0 \pm 1.04\%$ ($p < 0.005$). The same acid treatment caused an increase of haemoglobin content from the control value ($6.63 \pm 0.32 \text{ g } \%$) to reach $8.40 \pm 0.12 \text{ g } \%$ ($p < 0.01$) Fig (2).

The alterations in the values of haematocrit and haemoglobin content during the chronic exposure of fish (12 weeks) to pH 5.4 and 4.7 respectively were illustrated in Figs 3 & 4 a.

Significant elevation from the control value ($45 \pm 0.81 \%$) to $55.5 \pm 1.258 \%$ ($p < 0.01$) for pH 5.4, and from control value ($45 \pm 0.81 \%$) to $61.833 \pm 1.093 \%$ for pH 4.7 were observed in hematocrit values after 12 weeks of exposure.

Similar results were obtained for the haemoglobin content, a highly significant value for pH 5.4 was observed after 2 weeks of exposure with a value of $7.79 \pm 0.14 \text{ g } \%$ as compared to the control value ($5.82 \pm 0.17 \text{ g } \%$). As for the pH 4.7 treated group a significant increase from the control group ($6.35 \pm 0.36 \text{ g } \%$) to $7.53 \pm 0.21 \text{ g } \%$ ($p < 0.05$) was observed one week after treatment, remaining highly significant till the termination of the experiment.

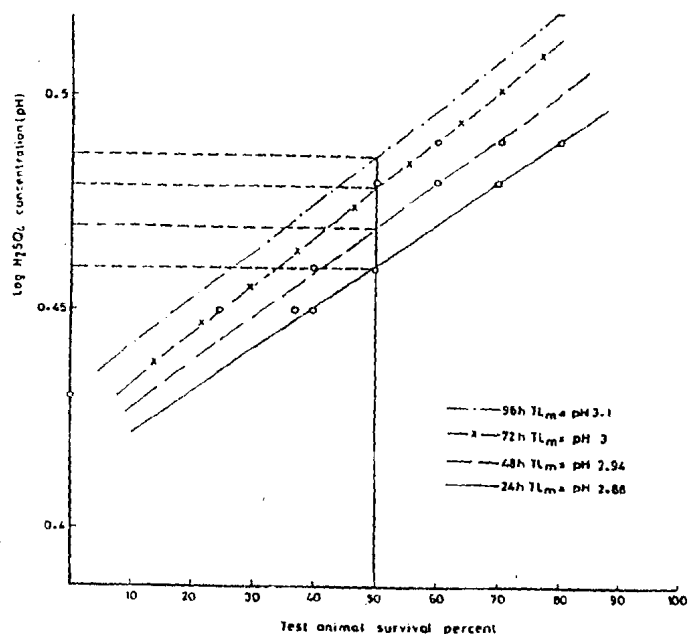


Figure 1: Estimation of median tolerance limit (TL_{50}) for juvenile *Clarias lazera* exposed to graded acid concentrations (H_2SO_4) (pH levels).

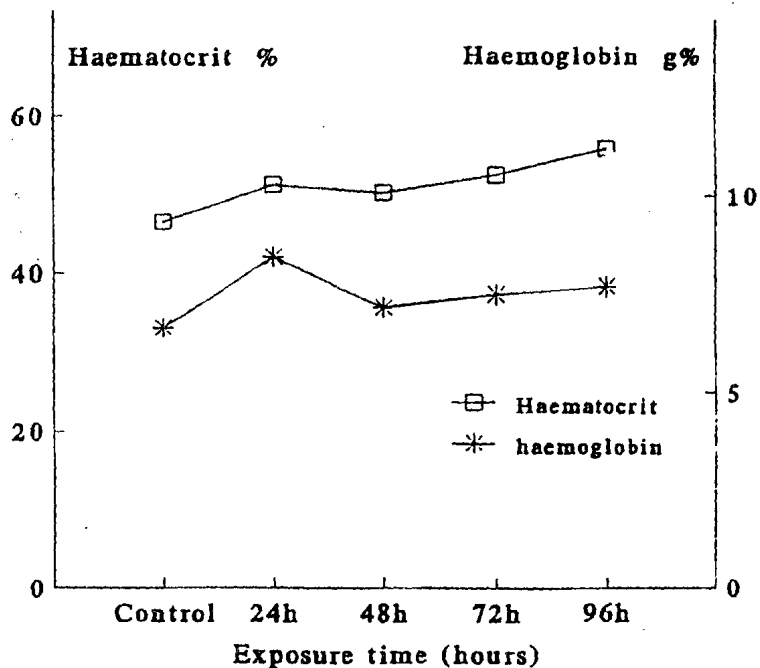


Figure 2: Haematocrit value and haemoglobin content of juvenile *Clarias lazera* exposed to acid concentration (H_2SO_4) pH 3.1 for 96-h.

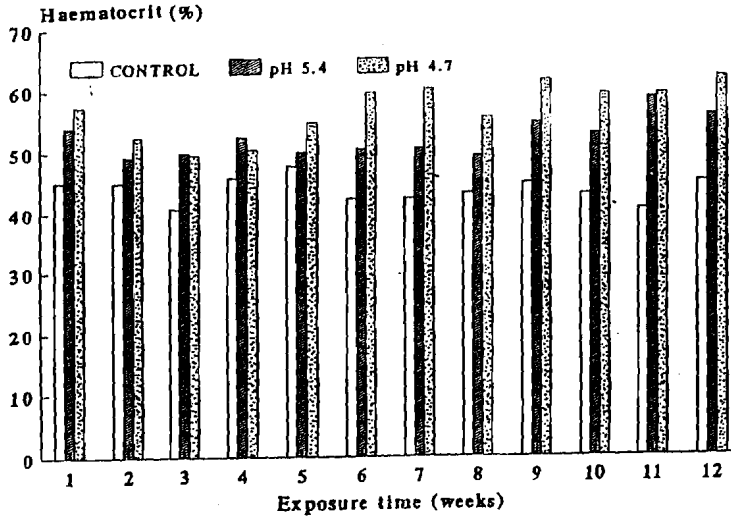


Figure 3: Variation in haematocrit values of juvenile *Clarias lazera* exposed to different acid concentrations (H_2SO_4) for 12-weeks.

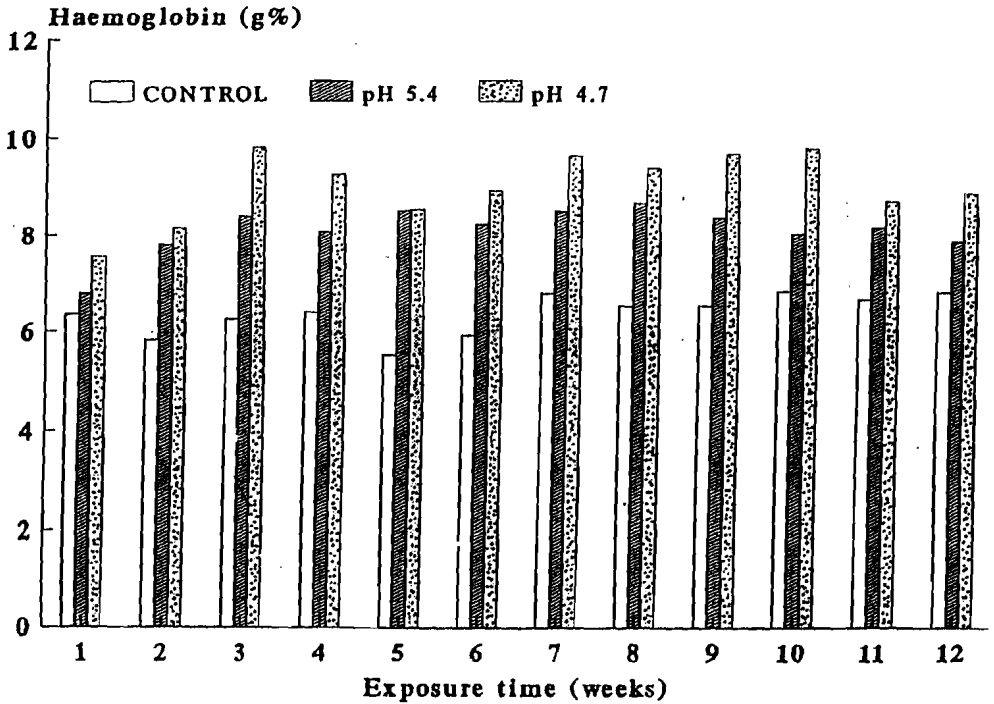


Figure 4: Variation in haemoglobin content of juvenile *Clarias lazera* exposed to different acid concentrations (H_2SO_4) for 12-weeks.

Fig. (5a): Normal gill structure of a control juvenile *Clarias lazera* maintained at pH 7.1 (x 100).

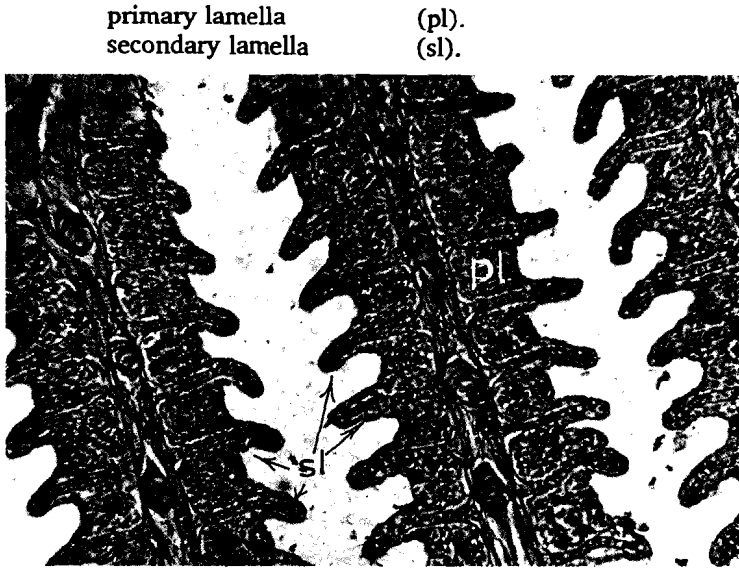
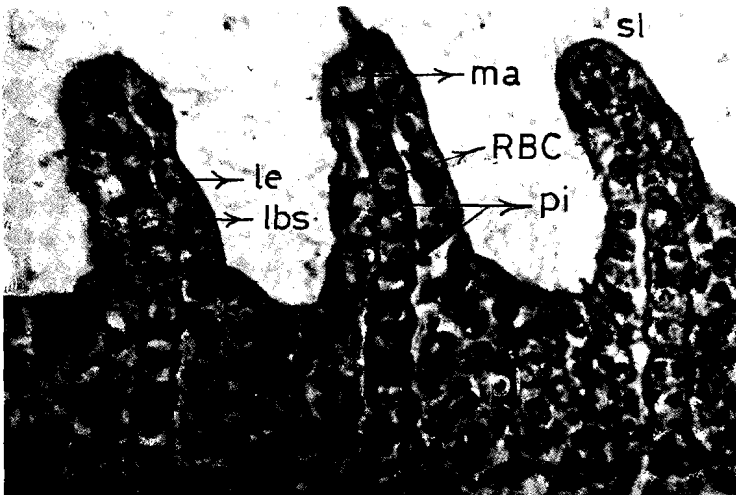


Fig. (5b): A higher magnification of the previous section (x 400).

lamella epithelial cell	(le).
lamella blood sinus	(lbs).
marginal blood channel	(ma).
pillar cells	(pi).
red blood cell	(RBC).



Fig(6a): Gill filaments of juvenile *Clarias lazera* exposed to acidified water at pH 4.7 for 4 weeks showing more pronounced hyperplasia of undifferentiated cells in the primary lamellae, resulting in partial blocking of interlamellar spaces (x 100).

primary lamella	(pl).
secondary lamella	(sl).
Hyperplasia	(arrows).

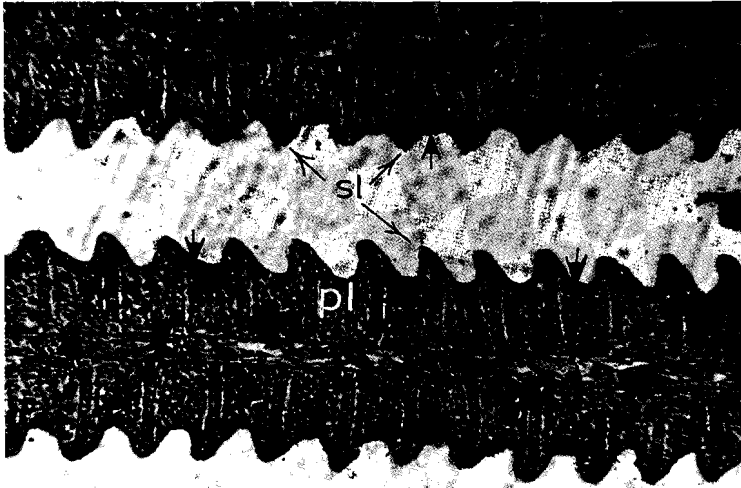


Fig. (6b): A higher magnification of the previous section showing regions of hyperplasia (arrow) in the primary lamellae (pl) (x 400).

primary lamella	(pl).
secondary lamella	(sl).
Hyperplasia	(arrows).



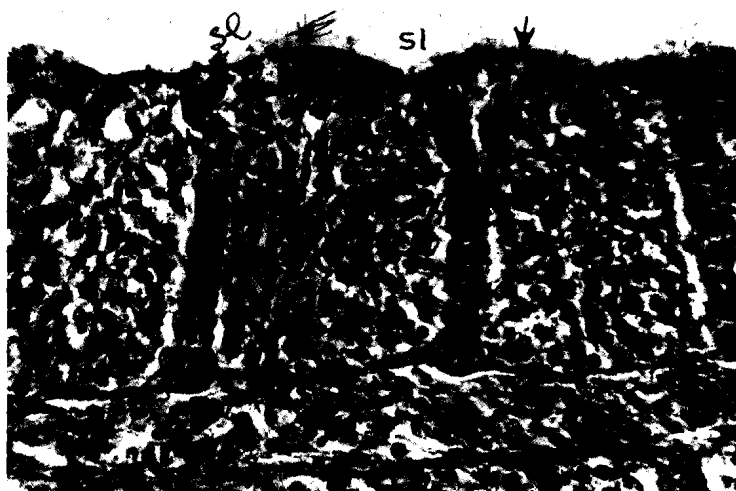
Fig. (7a): A frontal section of gill filaments of juvenile *Clarias lazera* exposed to acidified water at pH 4.7 for 8 weeks showing severe hyperplasia of undifferentiated cells in the primary lamella, resulting in complete blocking of interlamellar spaces (x 100).

primary lamella (pl).
secondary lamella (sl).
Hyperplasia (arrows).



Fig. (7b): A higher magnification of the previous section showing the hyperplasia (arrows) of the undifferentiated cells in the primary lamella (pl) obliterating the secondary lamella (sl) (x 400).

primary lamella (pl).
secondary lamella (sl).
Hyperplasia (arrows).



Serum Protein Content :-

In acute exposure (pH 3.1), Serum protein values were generally greater in fish exposed to H⁺ than controls, with peak value being recorded after 24 hour of acidification (Table 1).

Concerning the chronic acid stress, serum protein levels were increased after 1-3 week of acidification (pH, 5.4 and 4.7) followed by fluctuations during the course of experiment, and finally ending by a second rise to even higher levels (12th week) as shown in Table (2).

Histopathological studies:

Gill exhibited a significant histopathological reaction to chronic acid stress. Gills of *Clarias lazera* from water acidified to 4.7 showed a hyperplasia of epithelium of the primary lamellae, and a reduction of the surface area of the secondary lamellae. Fig. 5, 6 & 7.

DISCUSSION

Dramatic changes in the biota of lakes and streams coincident with the declining pH takes place. The most visible and costly effect is the loss of entire fish population (Hendrey *et al.*, 1976 and Pfeiffer and Festa, 1980).

The effect of reduced environmental pH on fresh-water fish have been extensively studied. Rahel and Magnuson, 1983; Somers and Harvey, 1984; Jones *et al.*, 1985 a & b; Witters, 1986; Audet *et al.* 1988; Booth *et al.*, 1988; wood, 1988; wood *et al.*, 1988 a; b - c; Playle *et al.*, 1989 and Witters *et al.*, 1991) Toxicity data available in the literature showed wide differences in susceptibility to acids not only in different fish species but also within the same species (Mount, *et al.*, 1988 a).

In broad over view, there have been many studies on the toxic effects of acute exposure of fish with a duration of one to four days (Barton *et al.*, 1985; Hohze and Hutchinson, 1989. and Witters *et al.*, 1991). On the other hand, the effects of chronic sublethal acid exposure are not so well known, and no clear pattern has yet emerged (Audet *et al.*, 1988).

The time course of acid stress was followed in juvenile *Clarias lazera* exposed to graded pH levels (H₂SO₄) for 96 hours. The effect of this toxicant on survival time was measured quantitatively, and the median tolerance limit (TL_m) for 24, 48, 72

Table (1): Changes in serum total protein of juvenile Clarias lazera during exposure to acidified water (pH 3.1) over a 96-h period.

	Exposure period (hours)	Range	Mean \pm S.E.	S.D.	% Coefficient of variation	Level of significance
Total protein (g/dl)	Control	4.00-5.00	4.533 \pm 0.290	0.503	11.103	
	24 h	7.96-8.71	8.223 \pm 0.244	0.422	5.131	P < 0.001
	48 h	7.00-7.54	7.283 \pm 0.156	0.271	3.721	P < 0.005
	72 h	6.66-7.00	6.867 \pm 0.105	0.181	2.643	P < 0.005
	96 h	6.17-6.89	6.483 \pm 0.213	0.369	5.691	P < 0.01

Table (2): Changes in serum total protein concentration (expressed as g/dl) of juvenile *Clarias lazera* exposed to different treatment with H₂SO₄, pH_s 7.1(control), 5.4 and 4.7 over a 12-week period.

Exposure period (weeks)	Range	Mean±S.E.	S.D.	%Coefficient of variation	Level of Significance
First week	4.00-4.30	4.150±0.122	0.212	5.112	P<0.005 P<0.001
	4.90-5.20	5.033±0.089	0.153	3.035	
	6.00-6.59	6.207±0.192	0.332	5.354	
Second week	4.00-4.50	4.250±0.204	0.353	8.319	P<0.001 P<0.001
	6.32-6.73	6.517±0.119	0.205	3.153	
	6.64-6.97	6.833±0.099	0.172	2.519	
Third week	4.00-4.40	4.200±0.163	0.283	6.734	P<0.001 P<0.001
	7.89-8.08	7.990±0.055	0.095	1.194	
	7.54-7.78	7.643±0.071	0.123	1.615	
Fourth week	4.20-4.34	4.270±0.057	0.099	2.318	P<0.005 P<0.005
	5.20-5.90	5.567±0.203	0.351	6.309	
	6.00-6.99	6.517±0.287	0.496	7.618	
Fifth week	4.30-4.54	4.420±0.097	0.169	3.839	P<0.005 P<0.025
	5.90-6.54	6.153±0.196	0.340	5.529	
	5.04-5.96	5.613±0.289	0.500	8.909	
Sixth week	4.60-5.00	4.800±0.163	0.283	5.892	P<0.001 N.S.
	7.01-7.56	7.333±0.166	0.287	3.919	
	5.09-5.99	5.650±0.301	0.521	9.224	
Seventh week	4.70-4.90	4.800±0.081	0.141	2.946	P<0.005 P<0.001
	6.00-6.89	6.517±0.267	0.462	7.089	
	7.00-8.00	7.537±0.291	0.504	6.687	
Eighth week	4.83-4.87	4.850±0.016	0.028	0.583	P<0.001 P<0.001
	6.71-7.09	6.893±0.109	0.190	2.761	
	7.38-7.54	7.470±0.047	0.082	1.096	
Ninth week	4.75-4.80	4.775±0.204	0.353	0.740	P<0.01 P<0.001
	5.84-6.00	5.923±0.046	0.080	1.354	
	7.81-7.96	7.877±0.044	0.076	0.969	
Tenth week	4.80-4.89	4.845±0.037	0.064	1.313	P<0.001 P<0.001
	6.13-6.61	6.430±0.151	0.261	4.067	
	6.19-6.53	6.337±0.101	0.175	2.757	
Eleventh week	4.70-4.90	4.800±0.081	0.141	2.946	P<0.001 P<0.001
	7.99-8.23	8.083±0.074	0.128	1.591	
	8.10-8.42	8.233±0.096	0.166	2.023	
Twelfth week	4.80-4.90	4.850±0.041	0.071	1.458	P<0.001 P<0.001
	6.89-7.31	7.067±0.126	0.218	3.082	
	7.84-8.21	8.070±0.116	0.201	2.487	

- Each mean result corresponds to a mean value of the three experiments.

S.E. = Standard error.

S.D. = Standard deviation.

and 96 hours were, 2.88, 2.94, 3 and 3.1 respectively. Since results of acute toxicity tests can be used for planning chronic toxicity studies. The chronic exposure system in two different pH levels (5.4 and 4.7) for 12 weeks was designed.

Among the many behavioural patterns in fish, Locomotion and activity behavior are of particular significance. Abnormal behavior is an indicator of stress. Changes in activity during acid stress have been frequently reported (Jones *et al.*, 1985 a; Thommesen; 1983; Lemly and Smith; 1985 and 1987; Dively *et al.*, 1977; Mac Farlane and Livingston, 1983).

Data observed in the present study lend support to this relation. Experimental Clarias lazera showed behavioral manifestation of physiological stress almost immediately after the beginning of each exposure period. Rapid swimming and opercular movements, surfacing and gulping of air were commonly observed during the acute exposure system. Decreased activity was generally exhibited by all fish throughout the time course of chronic exposure experiments.

Clarias lazera exhibited significant increases in hematocrit and haemoglobin levels during both durations several attempts were offered to explain the mechanisms involved in these elevations. From (1980) suggested that the elevation of hematocrit due to acid exposure is a hemopoietic as erythrocyte mobilization response to hypoxemia induced by acid stress. Milligan and Wood (1982) indicated that a decrease in arterial P_{O_2} nor increase in lactate content of the blood which would be indicative of tissue hypoxia have been reported in acid exposed (pH 4.0 - 4.5) brook trout (Vaala and Mitchell, 1970 and Dively *et al.*; 1977) and rainbow trout (Neville, 1979 a & c and McDonald *et al.*, 1980). Milligan and Wood (1982) attributed this increase to redistribution of body water resulting in decreased plasma volume with no change in total body water. It has been suggested by Powell and McKeown (1986) that since elevated haematocrits caused by erythrocyte Swelling was thought to be related to possible impairment of oxygen uptake in acid - stressed fish, and since increased erythrocyte swelling in acid exposed fish was also thought to be a symptom of blood acidosis (Packer and Dunson, 1970). Acidosis of blood can cause a decrease in the oxygen carrying capacity of the blood via Bohr and Root effects (Packer and Dunson, 1972 and Milligan and Wood, 1982).

Swelling of erythrocytes due to osmotic shifts and or adrenergic stimulation of the Na^+ / H exchange (Nikinmaa, 1986 and Witters *et al.*, 1987), mobilization of erythrocytes from the spleen, manifested as increases in the number of circulating erythrocytes and reticulocytes due to splenic contraction in response to increase circulating catecholamines, as well as reduction in spleen haemoglobin (Milligan and Wood, 1982; Yamamoto *et al.*, 1985, Fryer *et al.*, 1988 and Witters *et al.*, 1991) and

finally, utilization of some tissues involved in osmoregulation and electrolyte balance such as the endocrines to more oxygen under acid stress conditions (Notter *et al.*, 1976), were other reasons offered to explain this hematocrit elevation.

In the present study, haemoglobin contents were observed to follow a similar increasing trend as that of hematocrit during acute and chronic acid exposure experiments. studies by Neville (1979 b), Giles *et al.*, (1984) and Audet *et al.*, (1988) support this observations.

Audet *et al.*, (1988) demonstrated that rainbow trout *Salmo gairdneri* had increased haemoglobin concentration in the blood in the blood under chronic acid exposure (3 months, pH 4.8). Exposure of the same species for 22 days to water pH < 5.5 had also increased haemoglobin concentration progressively.

This increase was indicated either as a decrease in mean cellular haemoglobin of newly released erythrocytes, an increase in volume (swelling) of circulating erythrocytes or a combination of both factors (Giles *et al.*; 1984).

The increase of haemoglobin level and maintenance of other factors (arterial PO_2 and blood lactate) were clues used by Neville (1979 c) to document that no hypoxic stress occurred to fish exposed for 12 days to pH 4.0 despite the acidemia - Rather surprisingly wood *et al.*, (1988 b) showed that haemoglobin content of about brook trout exposed for 10 weeks to sublethal acid pH 5.2 was unaffected and no explanation was given.

Increased serum protein concentration have been almost observed in the previous studies on acute and chronic acid stress, this was in agreement with the results of Milligan and wood, 1982 and Hobe *et al.*, 1983 on acute acid exposure, and with the results of Wood and Mc Donald., 1988a; Brown *et al.*, 1986b and Jones *et al.*, 1987, on chronic acid exposure. Increases in plasma protein are though to provide an index of decreased plasma volume during exposure to low pH (Spry *et al.*, 1981, Wood and Mc Donald, 1988a and Brown *et al.*, 1986b). Milligan and Wood (1982) found that 3 days of acid exposure (pH 4.0 - 4.5) reduced the plasma volume by 27 % and increased protein by 90 % in rainbow trout. The reduced plasma volume results from loss of blood ions to the environment and subsequent osmotic movement of extracellular fluid to the intracellular compartment. (Milligan and Wood, 1982).

The normal morphology of *Clarias lazera*. gills examined under controlled laboratory conditions revealed that it is similar to that of other species described (Morgan and Tovell, 1973; Laurent and Dunel, 1980 and Lewis and Potter, 1982).

Gill hyperplasia of undifferentiated cells seemingly originating from interlamellar region (primary lamella) as judged by massive cell proliferation resulting in obliteration of the space between lamellae was the most consistent lesion that occurred in Clarias lazera under chronic acid exposure experiments (8 weeks, pH₅ at pH 4.7). This morphological change has been reportedly occurring in brook trout, Salvelinus fontinalis (pH 5.5 and 6.6) (chevalier et al., 1985) and in pearl dice Semotilus margarita, pH 5.2 (Leino et al., 1987)

High H⁺ ion concentration was shown to produce also severe gill changes: lifting of lamellar epithelium, frank separation of epithelial layers in respiratory lamellae, fusion of adjacent respiratory lamellae, necrosis, chloride cell hyperplasia, excess secretion of mucus and general epithelial damage. (Tuurala and Soivio, 1982; Stromberg et al., 1983; Leino and McCormick, 1984; Chevalier et al., 1985 and Freda et al., 1991).

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